THE QUESTION

Should Christians live by strong feelings or by patient daily endurance?

Asked by a THF member on September 6, 2026 · published November 9, 2026 · 13 numbered quotations · the 41 early Christian passages and 217 Bible verses we kept are listed at the back, each with a link.

Read it online: thehistoricfaith.com/early-church-questions/should-christians-live-by-strong-feelings-or-by-patient-daily-endurance

The short answer *Interpretation: our reading of the passages, not their words*

Early Christian writers did not call feelings evil, but they warned against being ruled by anger, lust and passing moods. They praised patience as steady, calm and strong, modeled by Christ, and taught that virtue is shown in daily habits of humility, self-control and bearing wrongs, while love for good can be deep and earnest.

LIBRARY ONLY	This study was written only from The Historic Faith's library of early-Christian writings and the Bible, never from the web. Every passage we kept from what the library gave is listed at the back, with a link to read it.
HOW IT WAS MADE	Compiled by machine learning from The Historic Faith's library of early-Christian writings and the Bible only. Every quotation was matched word for word against our stored text. Not yet reviewed by The Historic Faith.
SHARING WITH AN AI?	Every quotation here comes from The Historic Faith's library. If you paste this study into an AI, anything it adds beyond these pages comes from that AI, not from us.

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POINT 1 OF 8

Patience is strong and calm; anger is fickle

Our note · compiled by machine learning · From the text: says what the passages say

Hermas contrasts patience, which he calls mighty, joyful and quiet, with anger, which he calls foolish and unstable. Patience is pictured as a steady strength, not a lack of feeling.

1 “But patience is great, and mighty, and strong, and calm in the midst of great enlargement, joyful, rejoicing, free from care, glorifying God at all times, having no bitterness in her, and abiding continually meek and quiet.”

later in the same passage

“But anger is foolish, and fickle, and senseless.”

EARLY CHRISTIAN WRITER **Hermas,** *Shepherd* (c. 90–150 AD) *THF's updated English*

Source 2, page 6 Read it in the library ›

POINT 2 OF 8

Small daily upsets can overthrow the unsteady

Our note · compiled by machine learning · From the text: says what the passages say

Hermas warns that anger grabs hold of doubting people over small things like food or a careless word. He says the Lord lives in long-suffering, while the devil works through anger.

2 “For as soon as it sees such men standing firm, it throws itself into their hearts, and for nothing at all the man or woman becomes embittered because of things that happen in daily life, for example because of food, or some unnecessary word that has been spoken, or because of some friend, or some gift or debt, or some such senseless matter.”

EARLY CHRISTIAN WRITER **Hermas,** *Shepherd* (c. 90–150 AD) *THF's updated English*

Source 2, page 6 Read it in the library ›

3 “For the Lord dwells in long-suffering, but the devil in anger.”

EARLY CHRISTIAN WRITER **Hermas,** *Shepherd* (c. 90–150 AD) *THF's updated English*

Source 3, page 6 Read it in the library ›

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POINT 3 OF 8

Patience governs the passions

Our note · compiled by machine learning · From the text: says what the passages say

Cyprian lists what patience does: it calms anger, controls the tongue and mind, breaks the force of lust and humbles pride. For him patience is the virtue that keeps the other passions in order.

4 “It is patience also that calms anger, restrains the tongue, governs the mind, guards peace, rules discipline, breaks the force of lust, holds back the violence of pride, puts out the fire of enmity, checks the power of the rich, comforts the need of the poor, protects blessed integrity in virgins, careful purity in widows, and single affection in those who are joined and married.”

EARLY CHRISTIAN WRITER **Cyprian,** *Treatises* (c. 248–258 AD) **Source 25, page 8** **Read it in the library ›**
THF's updated English

POINT 4 OF 8

Feelings are given by God but need limits

Our note · compiled by machine learning · From the text: says what the passages say

Lactantius says emotions are part of human nature and become sinful only when they run to excess. He rejects the Stoic idea of cutting feelings out entirely, and urges that they be kept within proper bounds.

5 “Yet these affections usually become vicious if they are excessive. So they can be usefully regulated by man, by setting a limit, so that there remains in man only as much as is enough for nature.”

later in the same passage

“Therefore the Stoics are mad. They do not regulate these affections, but cut them out, and by one means or another they want to take away from man powers planted in him by nature.”

EARLY CHRISTIAN WRITER **Lactantius,** *Divine Institutes* 15 (c. 290–320 AD) **Source 32, page 8** **Read it in the library ›**
THF's updated English

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POINT 5 OF 8

Christ is the pattern of patience

Our note · compiled by machine learning · From the text: says what the passages say

Polycarp urges believers to imitate Christ's patience, especially when suffering for His name. Tertullian describes the Lord's quiet gentleness: He did not quarrel or shout to draw attention to Himself.

6 “Let us then be imitators of His patience; and if we suffer for His name’s sake, let us glorify Him.”

EARLY CHRISTIAN WRITER **Polycarp,** *Epistle to the Philippians* (c. 100–155 AD) **Source 6, page 7** **Read it in the library ›**
THF's updated English

7 “He did not strive. He did not cry aloud, nor did anyone hear His voice in the streets.”

EARLY CHRISTIAN WRITER **Tertullian,** *On Patience* 3 (c. 196–220 AD) **Source 19, page 7** **Read it in the library ›**
THF's updated English

POINT 6 OF 8

Virtue is lived out day and night

Our note · compiled by machine learning · From the text: says what the passages say

Cyprian describes God's will as a set of steady habits in conduct, words and deeds, including bearing wrongs. Clement of Alexandria says the person devoted to truth shows endurance in all of life, by night and by day.

8 “humility in conduct; steadfastness in faith; modesty in words; justice in deeds; mercy in works; discipline in morals; to be unable to do wrong, and to be able to bear wrong when it is done”

EARLY CHRISTIAN WRITER **Cyprian,** *Treatises* (c. 248–258 AD) **Source 28, page 8** **Read it in the library ›**
THF's updated English

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9 “For it wants the man who devotes himself to the truth to be masculine in acts of endurance and patience, in life, conduct, word, and discipline, by night and by day, even if it should become necessary for him to bear witness by the shedding of his blood.”

EARLY CHRISTIAN WRITER **Clement of Alexandria,** *Stromata* 2.18 (c. 190–215 AD)
THF's updated English

Source 11, page 7 Read it in the library ›

POINT 7 OF 8

Endurance and self-control protect faith

Our note · compiled by machine learning · From the text: says what the passages say

Barnabas calls endurance and self-control the allies of faith. Hermas explains that self-control means holding back from evil, but never holding back from doing good.

10 “Fear and patience support our faith, and endurance and self-control are our allies.”

EARLY CHRISTIAN WRITER **Barnabas,** *Epistle of Barnabas* (c. 70–132 AD)
THF's updated English

Source 1, page 6 Read it in the library ›

11 “Restrain yourself from evil, and do not do it. But do not hold back from doing good; do it.”

EARLY CHRISTIAN WRITER **Hermas,** *Shepherd* (c. 90–150 AD)
THF's updated English

Source 4, page 6 Read it in the library ›

POINT 8 OF 8

Deep love for good is welcome

Our note · compiled by machine learning · Interpretation: our reading of the passages, not their words

Clement of Rome praises a church with an endless desire to do good. Gregory Thaumaturgus thanks his teacher for making his students love virtue with deep affection. Strong feeling is good when it is aimed at what is good.

12 “Thus, a profound and abundant peace was given to you all, and you had an insatiable desire for doing good, while a full outpouring of the Holy Spirit was upon you all.”

EARLY CHRISTIAN WRITER **Clement of Rome,** *First Epistle to the Corinthians*
THF's updated English

Source 40, page 9 Read it in the library ›

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13 “But this remarkable man, this friend and defender of the virtues, has perhaps long ago done all that was in his power to do for us, by making us lovers of virtue, so that we might love it with the deepest affection.”

EARLY CHRISTIAN WRITER **Gregory Thaumaturgus,** *Oration to Origen* 1 (c. 240–270 AD) **Source 24, page 8** **Read it in the library ›**
THF's updated English

THE LIMITS

What these passages don’t tell us

- These passages are mostly about anger, lust and pleasure; they do not discuss every kind of emotion in worship or prayer.
- They do not give a method for measuring when a feeling has become excessive.
- A word-for-word match shows that a quotation really is in our text. It does not show that our reading of it is right, or who wrote each work.

WHERE EVERY QUOTE CAME FROM

The Sources

The 41 early Christian passages and 217 Bible verses we kept for this question (repeats and weak or off-topic search hits were left out): early Christian passages first (sources 1–41, grouped by writer, earliest first), then Bible verses in The Faith Once Delivered Bible (sources 42–130, in Bible order), then 128 more verses THF links to these passages, by reference. **Quote 1, page 2** beside a source shows where the study quotes it. Passages are in THF’s updated English unless marked “1885 English” (the Roberts–Donaldson translation, public domain). “… [continues online]” marks a passage the library gave only in part. **On paper?** At **thehistoricfaith.com**, Bible verses are in the **Audio Bible** and early Christian writings in the **Library** (search for the title).

EARLY CHRISTIAN WRITERS *41 passages from 14 writers*

Barnabas, *c. 70–132 AD · source 1*

1 *Epistle of Barnabas* (1885 English) **Quote 10, page 5** “and patience, then, are helpers of our faith… [continues online] **read ›**

Hermas, *c. 90–150 AD · sources 2–4*

2 *Shepherd* **Quotes 1, 2, page 2** “patience is great, and mighty, and strong, and calm in the midst of great enlargement, joyful, rejoicing, free from care, glorifying God at all times, having no bitterness in her… [continues online] **read ›**

3 *Shepherd* **Quote 3, page 2** “anger is bitter and useless. Now if anger… [continues online] **read ›**

4 *Shepherd* (1885 English) **Quote 11, page 5** “yourself, then, from all these, that you may live to God, and you will be enrolled among those who restrain themselves in regard to these matters… [continues online] **read ›**

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Ignatius of Antioch, *c. 98–117 AD · source 5*

5 *Epistles of Ignatius* (1885 English) “advantage in patience? what advantage in [enduring] stripes… [continues online] **read ›**

Polycarp, *c. 100–155 AD · source 6*

6 *Epistle to the Philippians* **Quote 6, page 4** “us then be imitators of His patience… [continues online] **read ›**

Justin Martyr, *c. 130–165 AD · source 7*

7 *Second Apology* (1885 English; on point 6) “Virtue, who was of squalid look and dress, said, But if you obey me, you shall adorn yourself not with ornament nor beauty that passes away and perishes, but with… [continues online] **read ›**

Theophilus of Antioch, *c. 169–183 AD · sources 8–9*

8 *To Autolycus* 15 (1885 English; on point 6) “holy word guides, wisdom teaches, life directs, God reigns… [continues online] **read ›**

9 *To Autolycus* 12 (1885 English; on point 7) “even men of temperance abstain from all base pleasure and wicked lust… [continues online] **read ›**

Clement of Alexandria, *c. 190–215 AD · sources 10–16*

10 *Stromata* 4.21 (on point 6) he will not be called perfect beforehand while in the flesh. For this title belongs at the end of life, when the gnostic martyr has first shown the perfect work… [continues online] **read ›**

11 *Stromata* 2.18 (1885 English) **Quote 9, page 5** “it would have the man, that devotes himself to the truth, to be masculine both in acts of endurance and patience, in life, conduct, word, and discipline by night and… [continues online] **read ›**

12 *Stromata* 2.18 (on point 7) “define manliness as knowledge of what is fearful, what is not fearful, and what lies between, and temperance as a state of mind that preserves the judgments of wisdom by… [continues online] **read ›**

13 *Instructor* 1.5 in endurance, rejoice. And this is the divine sport. "Such a sport, of his own, Jove sports," says Heraclitus. For what other occupation is fitting for a wise and perfect… [continues online] **read ›**

14 *Stromata* 2.18 (1885 English; on point 6) “mean valour, and temperance, and wisdom, and justice, and endurance, and patience, and decorum, and self-restraint; and in addition to these, piety… [continues online] **read ›**

15 *Stromata* 2.16 (1885 English; on point 4) “that such affections are moods and passions of the soul… [continues online] **read ›**

16 *Stromata* 4.23 (1885 English; on point 4) “that it is better than good to become free of passion, and virtuous by assimilation to the divine… [continues online] **read ›**

Tertullian, *c. 196–220 AD · sources 17–22*

17 *Against Marcion* 15 (on point 5) taught us to count them as brothers. But, someone may say, Christ clearly teaches a new kind of patience, when He actually forbids the reprisals that the Creator permitted in… [continues online] **read ›**

18 *On Patience* 13 (on point 6) far, then, I have spoken about patience as simple and consistent, and as it exists only in the mind. Yet I also work to describe its many forms in the… [continues online] **read ›**

19 *On Patience* 3 (1885 English) **Quote 7, page 4** “and so mighty evidences — the very magnitude of which proves to be among the nations indeed a cause for rejection of the faith, but among us its reason and rearing… [continues online] **read ›**

20 *On Patience* 12 (on point 2) “which man's patience waits for; charity, which Patience accompanies, with God as Master… [continues online] **read ›**

21 *On Patience* 16 (on point 1) is the rule, this is the discipline, and these are the works of patience that is heavenly and true; that is, Christian patience, not the false and shameful kind found… [continues online] **read ›**

22 *On Patience* 6 (on point 7) patience both comes after faith and comes before it. In short, Abraham believed God, and God counted him as righteous. But it was patience that proved his faith when he… [continues online] **read ›**

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Gregory Thaumaturgus, *c. 240–270 AD · sources 23–24*

23 *Oration to Origen* 1 (1885 English) “fortitude: temperance, indeed, in conserving this very prudence which must be in the soul that knows itself, if that is ever its lot (for this temperance, again, surely means just… [continues online] **read ›**

24 *Oration to Origen* 1 **Quote 13, page 6** “for manliness, that most admirable grace; and for… [continues online] **read ›**

Cyprian, *c. 248–258 AD · sources 25–29*

25 *Treatises* **Quote 4, page 3** “beloved brothers, since we have carefully considered both the benefits of patience and the evils of impatience, let us hold fast with full watchfulness to the patience by which we… [continues online] **read ›**

26 *Treatises* (1885 English; on point 3) “you accomplish these things unless you maintain the steadfastness of patience and endurance… [continues online] **read ›**

27 *Treatises* (on point 5) men who, in earlier times, bore the pattern of Christ, were careful above all else to preserve patience with strong and steady calmness in the praise of their virtues. So… [continues online] **read ›**

28 *Treatises* (1885 English) **Quote 8, page 4** “in conversation; steadfastness in faith; modesty in words… [continues online] **read ›**

29 *Treatises* “what you suffer," Tobit 2:14. But he, steadfast and firm in… [continues online] **read ›**

Arnobius, *c. 290–330 AD · source 30*

30 *Against the Heathen* 2 (1885 English; on point 6) “passion overpowers, no lust degrades us; we maintain vigorousy the unremitting practice of all the virtues… [continues online] **read ›**

Lactantius, *c. 290–320 AD · sources 31–35*

31 *Divine Institutes* 19 (on point 4) the Stoics try to tear out the affections from man as if they were diseases, the Peripatetics oppose them. They not only keep these affections, but also defend them. They… [continues online] **read ›**

32 *Divine Institutes* 15 **Quote 5, page 3** “things shows that these things are natural and not voluntary, because it is moved by all these affections. Therefore the Peripatetics do better, because they say that all these things… [continues online] **read ›**

33 *Divine Institutes* 20 (1885 English; on point 4) “of which, since they are vicious and deadly, ought to be overcome and subdued by virtue, or, as I said a little before respecting the affections, be recalled to their… [continues online] **read ›**

34 *Epitome of the Divine Institutes* 64 (1885 English; on point 4) “when the passions have been overcome and pleasures subdued labour in suppressing other things is easy to him who is a follower of God and of truth: he will never… [continues online] **read ›**

35 *Divine Institutes* 15 (on point 4) “to receive virtue, just as the earth can be cultivated. He placed the material of vices in the affections, and the material of virtue in vices. For virtue certainly would… [continues online] **read ›**

John Chrysostom, *c. 386–407 AD · sources 36–39*

36 *Homilies on Philippians* (1885 English; on point 4) “have many good natural affections, which lead to virtue… [continues online] **read ›**

37 *Homilies on Philippians* (1885 English; on point 8) “other sort are of senseless passion. For this cause they are quickly quenched, whereas if they spring from the fear of God, they always abide with us… [continues online] **read ›**

38 *Homilies on Matthew* 4 (1885 English; on point 2) “for every such passion is both cruel and tyrannical and insatiable, and never ceases to devour us every day… [continues online] **read ›**

39 *Homilies on the Statues* 8 (on point 7) “weapons of the righteous man are spiritual wisdom, temperance, patience… [continues online] **read ›**

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Clement of Rome · *sources 40–41*

40 *First Epistle to the Corinthians* **Quote 12, page 5** "never grudged any act of kindness, being "ready to every good work." Adorned by a thoroughly virtuous and… [continues online] **read ›**

41 *First Epistle to the Corinthians* (1885 English; on point 7) "in immortality, splendour in righteousness, truth in perfect confidence, faith in assurance, self-control in holiness… [continues online] **read ›**

THE BIBLE *89 verses, The Faith Once Delivered Bible (Old Testament from the Septuagint), in Bible order*

42 **Genesis 49:18** waiting for the salvation of the Lord. **read ›**

43 **Proverbs 3:3** Do not let acts of mercy and faithfulness leave you, but bind them around your neck, **read ›**

44 **Proverbs 4:23** Keep your heart with all watchfulness, for out of these are the issues of life. **read ›**

45 **Isaiah 1:4** Woe, sinful nation, a people full of sins, an evil seed, lawless sons! You have forsaken the Lord, and provoked the Holy One of Israel to anger. **read ›**

46 **Isaiah 1:9** And if the Lord of Sabaoth had not left us a seed, we would have become like Sodom, and been made like Gomorrah. **read ›**

47 **Isaiah 1:24** Therefore thus says the Lord, the Master of hosts: Woe to the mighty of Israel; for my wrath shall not cease against the adversaries, and I will execute judgment on my enemies. **read ›**

48 **Isaiah 1:31** And their strength shall be like a stalk of flax fiber, and their works like sparks, and the lawless and the sinners shall be burned up together, and there shall be no one to quench them. **read ›**

49 **Isaiah 2:2** For in the last days the mountain of the Lord shall be manifest, and the house of God shall be on the top of the mountains, and it shall be raised above the hills; and all the nations shall come to it. **read ›**

50 **Isaiah 3:17** God will also humble the leading daughters of Zion, and the Lord will uncover their form in that day; **read ›**

51 **Isaiah 3:18** and the Lord will take away the glory of their clothing, the braids, and the tassels, and the crescents, **read ›**

52 **Isaiah 5:23** who justify the ungodly for gifts, and take away the right of the righteous. **read ›**

53 **Isaiah 7:17** But God will bring upon you and upon your people and upon the house of your father days that have not yet come since the day that Ephraim took away from Judah the king of the Assyrians." **read ›**

54 **Isaiah 7:22** and it shall be that, from drinking a great deal of milk, everyone who is left upon the land shall eat butter and honey. **read ›**

55 **Isaiah 13:5** to come from a land far away, from the farthest foundation of heaven, the Lord and his armed fighters, to destroy the whole world. **read ›**

56 **Isaiah 13:7** Therefore every hand will grow slack, and every soul of man will lose heart. **read ›**

57 **Isaiah 17:4** In that day the glory of Jacob will fail, and the rich things of his glory will be shaken. **read ›**

58 **Isaiah 18:2** which sends hostages by sea, and paper letters on the water; for swift messengers will go to a nation high in the air, and to a foreign and harsh people. Who is beyond it? A nation without hope and trodden down. Now the rivers of the land, **read ›**

59 **Jeremiah 26:14** Open the verse to read it. **read ›**

60 **Daniel 11:25** And his strength and his heart shall be stirred up against the king of the south with a great army; and the king of the south shall join battle with a great and very strong army; and they shall not stand, for they shall devise plans against him, **read ›**

61 **Amos 8:7** The Lord swears by the pride of Jacob: None of your works shall ever be forgotten. **read ›**

62 **Wisdom of Solomon 8:7** And if anyone loves righteousness, her labors are virtues; for she teaches self-control and sound judgment, righteousness and courage, and nothing in life is more useful for men than these. **read ›**

63 **Wisdom of Sirach 2:2** Set your heart straight and endure, and do not be hasty in the time of calamity. **read ›**

64 **Wisdom of Sirach 5:10** Be firmly fixed in your understanding, and let your word be one and the same. **read ›**

65 **Wisdom of Sirach 5:11** Be quick to listen, and give your answer with patience. **read ›**

66 **Wisdom of Sirach 11:20** Stand firm in your covenant and be occupied with it, and grow old in your work. **read ›**

67 **Wisdom of Sirach 16:13** The sinner will not escape with his plunder, and he will certainly not frustrate the endurance of the godly. **read ›**

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68 **4 Maccabees 1:4** Open the verse to read it. **read ›**
69 **4 Maccabees 1:9** Open the verse to read it. **read ›**
70 **4 Maccabees 1:24** Open the verse to read it. **read ›**
71 **4 Maccabees 1:31** Open the verse to read it. **read ›**
72 **4 Maccabees 2:2** Open the verse to read it. **read ›**
73 **4 Maccabees 3:17** Open the verse to read it. **read ›**
74 **4 Maccabees 3:18** Open the verse to read it. **read ›**
75 **4 Maccabees 5:23** Open the verse to read it. **read ›**
76 **4 Maccabees 7:17** Open the verse to read it. **read ›**
77 **4 Maccabees 7:22** Open the verse to read it. **read ›**
78 **4 Maccabees 13:5** Open the verse to read it. **read ›**
79 **4 Maccabees 13:7** Open the verse to read it. **read ›**
80 **4 Maccabees 16:22** Open the verse to read it. **read ›**
81 **4 Maccabees 17:4** Open the verse to read it. **read ›**
82 **4 Maccabees 18:2** Open the verse to read it. **read ›**
83 **Luke 1:75** in holiness and righteousness before him all the days of our life. **read ›**
84 **Luke 21:19** By your endurance gain your souls. **read ›**
85 **Romans 5:4** and perseverance, proven character; and proven character, hope; **read ›**
86 **Romans 12:9** Let love be without hypocrisy. Abhor that which is evil. Cling to that which is good. **read ›**
87 **Romans 12:10** In love of the brothers be tenderly affectionate to one another; in honor prefer one another, **read ›**
88 **Romans 12:11** not lagging in diligence, fervent in spirit, serving the Lord, **read ›**
89 **Romans 12:12** rejoicing in hope, enduring in troubles, continuing steadfastly in prayer, **read ›**
90 **Romans 13:13** Let us walk properly, as in the day; not in reveling and drunkenness, not in sexual promiscuity and lustful acts, and not in strife and jealousy. **read ›**
91 **1 Corinthians 7:9** But if they do not exercise self-control, let them marry, for it is better to marry than to burn with passion. **read ›**
92 **1 Corinthians 13:7** bears all things, believes all things, hopes all things, and endures all things. **read ›**
93 **2 Corinthians 6:6** in purity, in knowledge, in patience, in kindness, in the Holy Spirit, in sincere love, **read ›**
94 **2 Corinthians 7:11** For behold, this very sorrow in a godly way—what earnestness it produced in you, what defense, what indignation, what fear, what longing, what zeal, what vindication! In everything you showed yourselves pure in the matter. **read ›**
95 **Galatians 4:18** But it is good to be eagerly sought in a good cause at all times, and not only when I am present with you. **read ›**
96 **Galatians 5:23** meekness, and self-control. Against such things there is no law. **read ›**
97 **Galatians 5:24** Those who belong to Christ have crucified the flesh with its passions and lusts. **read ›**
98 **Ephesians 5:18** And do not get drunk with wine, for that is reckless excess, but be filled with the Spirit, **read ›**
99 **Philippians 4:8** Finally, brothers, whatever things are true, whatever things are honorable, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are well spoken of—if there is any virtue and if there is any praise—think on these things. **read ›**
100 **Colossians 1:11** strengthened with all power according to the might of his glory, for all endurance and patience with joy, **read ›**
101 **Colossians 3:2** Set your mind on the things that are above, not on the things that are on the earth. **read ›**
102 **Colossians 3:5** Put to death therefore your members which are on the earth: sexual immorality, uncleanness, depraved passion, evil desire, and covetousness, which is idolatry. **read ›**
103 **Colossians 3:12** Therefore, as God's chosen ones, holy and beloved, put on a heart of compassion, kindness, humility, meekness, and patience, **read ›**
104 **Colossians 3:14** Above all these things put on love, which is the bond of perfection. **read ›**
105 **1 Thessalonians 5:22** Abstain from every form of evil. **read ›**

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106 **1 Timothy 6:11** But you, O man of God, flee these things; pursue righteousness, godliness, faithfulness, love, endurance, meekness. **read ›**

107 **2 Timothy 2:22** Flee youthful desires, but pursue righteousness, faithfulness, love, and peace with those who call on the Lord out of a pure heart. **read ›**

108 **2 Timothy 3:10** But you have followed my teaching, conduct, purpose, faithfulness, patience, love, endurance, **read ›**

109 **Titus 1:8** but hospitable, loving what is good, sober-minded, righteous, holy, self-controlled, **read ›**

110 **Titus 2:2** that older men be temperate, dignified, sober-minded, sound in faithfulness, love, and perseverance; **read ›**

111 **Titus 2:6** Likewise, exhort the younger men to be sober-minded. **read ›**

112 **Titus 2:12** training us to renounce ungodliness and worldly lusts and to live soberly, righteously, and in godliness in this present age, **read ›**

113 **Hebrews 3:13** but exhort one another day by day, so long as it is called “today”, lest any one of you be hardened by the deceitfulness of sin. **read ›**

114 **Hebrews 6:12** so that you do not become sluggish, but imitate those who through faithfulness and patience inherit the promises. **read ›**

115 **Hebrews 10:36** For you need endurance so that, having done the will of God, you may receive the promise. **read ›**

116 **Hebrews 12:1** Therefore let us also, seeing we are surrounded by so great a cloud of witnesses, lay aside every weight and the sin which so easily entangles us, and let us run with perseverance the race that is set before us, **read ›**

117 **Hebrews 12:3** For consider him who endured such hostility from sinners against himself, so that you do not grow weary and lose heart in your souls. **read ›**

118 **Hebrews 12:14** Follow after peace with all men, and the sanctification without which no man will see the Lord, **read ›**

119 **James 1:3** knowing that the testing of your faithfulness produces endurance. **read ›**

120 **James 4:5** Or do you think that the Scripture speaks in vain? The spirit which dwelt in us yearns enviously. **read ›**

121 **James 5:8** You also be patient. Establish your hearts, for the coming of the Lord is at hand. **read ›**

122 **James 5:11** Behold, we call those who endure blessed. You have heard of Job’s endurance; see the outcome the Lord brought about, for he is full of tender compassion and merciful. **read ›**

123 **1 Peter 1:13** Therefore, having fastened a belt around the waist of your mind, be sober and set your hope fully on the grace being brought to you at the revelation of Jesus Christ, **read ›**

124 **1 Peter 4:2** that you no longer should live the rest of your time in the flesh for the lusts of men, but for the will of God. **read ›**

125 **2 Peter 1:5** And for this very reason, bringing all diligence, supply virtue in your faithfulness, and knowledge in virtue, **read ›**

126 **2 Peter 1:6** and in knowledge, self-control; and in self-control, perseverance; and in perseverance, godliness; **read ›**

127 **2 Peter 1:7** and in godliness, brotherly affection; and in brotherly affection, love. **read ›**

128 **1 John 2:17** And the world is passing away, and its lust; but he who does the will of God remains forever. **read ›**

129 **Revelation 2:3** You have endurance and have endured for my name’s sake, and have not grown weary. **read ›**

130 **Revelation 14:12** Here is the endurance of the saints, those who keep the commandments of God and faithfulness to Jesus.” **read ›**

ALSO LINKED BY THF TO THESE PASSAGES *128 verses, by reference*

Partly machine-linked: related to the passages, not always quoted in them. Each reference links to the verse in our audio Bible.

Genesis 22:17 · 26:8

Psalms 50:16 · 50:18 · 51:15 · 116:15 · 133:1

Isaiah 1:14 · 10:23 · 45:1 · 66:13

Jeremiah 7:21

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Daniel 3:18

Zechariah 7:10 · 8:16

Matthew 3:15 · 4:3 · 5:4 · 5:22 · 5:23 · 5:25 · 5:44 · 7:9 · 8:4 · 10:19 · 12:45 · 18:21 · 19:9 · 19:12 · 21:15 · 22:32 · 25:35 · 26:41

Luke 6:27 · 6:28 · 6:29 · 6:30 · 6:31 · 6:36 · 6:37 · 9:51 · 11:1 · 11:26 · 12:50 · 15:3 · 15:11 · 19:40

John 1:1 · 1:14 · 1:17 · 2:3 · 4:9 · 5:14 · 7:38 · 8:12 · 8:26 · 11:25 · 11:42 · 12:31 · 14:6 · 18:10

Acts 5:41 · 7:60 · 10:47 · 20:35 · 26:23

Romans 1:18 · 1:26 · 1:32 · 3:13 · 4:3 · 5:3 · 6:10 · 6:14 · 9:28 · 10:4 · 12:14 · 12:19

1 Corinthians 2:8 · 5:13 · 7:25 · 7:34 · 7:39 · 9:23 · 11:27 · 14:13

2 Corinthians 4:8 · 5:17 · 6:3 · 6:14 · 7:1

Galatians 3:6 · 3:16 · 3:28 · 5:10 · 6:14

Ephesians 4:26 · 4:27 · 4:30 · 4:31 · 5:16 · 5:21 · 6:12

Philippians 3:8 · 3:15 · 3:19

Colossians 2:23

1 Thessalonians 4:5

2 Thessalonians 2:11

1 Timothy 2:1 · 5:3

Titus 1:10 · 3:1

Hebrews 5:8 · 10:30

James 1:19

1 Peter 2:17 · 2:21 · 2:22 · 2:24 · 4:3 · 4:16 · 5:5

1 John 1:1 · 2:3 · 4:9

Revelation 2:10 · 3:21

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Searched: Ante-Nicene Fathers volumes 1–9 and the Bible, including the Septuagint.

ABOUT THIS STUDY

A THF member asked “Should Christians live by strong feelings or by patient daily endurance?” on September 6, 2026. The Historic Faith answered it as a public study on November 9, 2026.

Library only. This study was written only from The Historic Faith’s library of early-Christian writings and the Bible, never from the web. Every passage we kept from what the library gave is listed above, with a link to read it.

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THE END OF THIS STUDY