THE QUESTION

How did early Christians understand the Eucharist, and which Scriptures did they use?

Asked by a THF member on September 6, 2026 · published November 9, 2026 · 16 numbered quotations · the 41 early Christian passages and 210 Bible verses we kept are listed at the back, each with a link.

Read it online: thehistoricfaith.com/early-church-questions/how-did-early-christians-understand-the-eucharist-and-which-scriptures-did

The short answer *From the text: says what the passages say*

Early Christians believed the Eucharist was not ordinary food but the body and blood of Christ, offered in remembrance of His death. They drew on the Last Supper accounts, Paul's words in 1 Corinthians 10 and 11, Jesus' bread of life teaching in John 6, and Malachi's prophecy of a pure offering among the nations.

LIBRARY ONLY	This study was written only from The Historic Faith's library of early-Christian writings and the Bible, never from the web. Every passage we kept from what the library gave is listed at the back, with a link to read it.
HOW IT WAS MADE	Compiled by machine learning from The Historic Faith's library of early-Christian writings and the Bible only. Every quotation was matched word for word against our stored text. Not yet reviewed by The Historic Faith.
SHARING WITH AN AI?	Every quotation here comes from The Historic Faith's library. If you paste this study into an AI, anything it adds beyond these pages comes from that AI, not from us.

IN THIS STUDY

1	Not common bread, but Christ's flesh and blood	**2**
2	The Last Supper words were the foundation	**2**
3	It remembers and proclaims the Lord's death	**3**
4	Malachi foretold this pure offering	**3**
5	John 6 linked the Eucharist with life	**4**
6	It points to the resurrection of the body	**5**
7	One bread shows one church	**5**
8	Only the baptized faithful could receive it	**6**
	What these passages don't tell us	**6**
	The Sources: 41 early Christian passages and 210 Bible verses, with links	**7**

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POINT 1 OF 8

Not common bread, but Christ's flesh and blood

Our note · compiled by machine learning · From the text: says what the passages say

Justin says Christians do not receive the Eucharist as ordinary food. Ignatius faults false teachers who stay away from it because they deny it is the flesh of the Savior who suffered and rose.

1

"We do not receive these as common bread and drink, but in the same way that Jesus Christ our Savior became flesh by the Word of God and had flesh and blood for our salvation, we have been taught that the food blessed by His word and prayer, which nourishes our blood and flesh through transformation, is the flesh and blood of Jesus who became flesh."

EARLY CHRISTIAN WRITER **Justin Martyr,** *First Apology* (c. 130–165 AD)
THF's updated English

Source 4, page 7 Read it in the library ›

2

"They abstain from the Eucharist and from prayer, because they do not acknowledge the Eucharist to be the flesh of our Savior Jesus Christ, who suffered for our sins, and whom the Father, in His goodness, raised up again."

EARLY CHRISTIAN WRITER **Ignatius of Antioch,** *Epistle to the Smyrnaeans* (c. 98–117 AD)
THF's updated English

Source 3, page 7 Read it in the library ›

POINT 2 OF 8

The Last Supper words were the foundation

Our note · compiled by machine learning · From the text: says what the passages say

Justin points to the Gospels, where Jesus took bread, gave thanks and called it His body. Cyprian quotes Paul's account in 1 Corinthians 11 and says the church must do exactly what the Lord did.

3

"The apostles, in the writings they composed, which are called Gospels, have passed down to us what Jesus instructed them: that He took bread, gave thanks, and said, "Do this in remembrance of Me, this is My body;" and in the same way, after taking the cup and giving thanks, He said, "This is My blood;" and gave it to them alone."

EARLY CHRISTIAN WRITER **Justin Martyr,** *First Apology* (c. 130–165 AD)
THF's updated English

Source 4, page 7 Read it in the library ›

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4 “But if this is both commanded by the Lord, and the same thing is confirmed and handed down by His apostle, that as often as we drink, we do in remembrance of the Lord the same thing that the Lord also did, then we find that what was commanded is not observed by us unless we also do what the Lord did.”

EARLY CHRISTIAN WRITER **Cyprian,** *Epistles* (c. 248–258 AD) **Source 33, page 9** **Read it in the library ›**
THF's updated English

POINT 3 OF 8

It remembers and proclaims the Lord's death

Our note · compiled by machine learning · From the text: says what the passages say

An early liturgy repeats Paul's words that eating this bread and drinking this cup shows the Lord's death until He comes. Cyprian adds that the Lord's suffering is itself the sacrifice the church offers.

5 “Do this in remembrance of Me. For as often as you eat this bread and drink this cup, you show the Lord's death and confess His resurrection, until He comes.”

EARLY CHRISTIAN WRITER **Early Liturgies,** *Divine Liturgy of St. James* 1 (c. 200–400 AD) **Source 23, page 8** **Read it in the library ›**
THF's updated English

6 “And because we mention His passion in all sacrifices—for the Lord’s passion is the sacrifice that we offer—we ought to do nothing except what He did.”

EARLY CHRISTIAN WRITER **Cyprian,** *Epistles* (c. 248–258 AD) **Source 37, page 9** **Read it in the library ›**
THF's updated English

POINT 4 OF 8

Malachi foretold this pure offering

Our note · compiled by machine learning · From the text: says what the passages say

Justin and Irenaeus both read Malachi's promise of a pure offering among the nations as a picture of the Eucharist. They say the church now offers the bread and cup to God everywhere in the world.

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7 “So He then speaks of those Gentiles, namely us, who in every place offer sacrifices to Him, such as the bread of the Eucharist and the cup of the Eucharist, affirming that we glorify His name, while you profane it.”

EARLY CHRISTIAN WRITER **Justin Martyr,** *Dialogue with Trypho* (c. 130–165 AD)
THF's updated English

Source 5, page 7 **Read it in the library ›**

8 “And the cup likewise, which is part of that creation to which we belong, He declared to be His blood, and taught the new offering of the new covenant. The Church, receiving this from the apostles, offers it to God throughout the world, to Him who provides us, in the New Testament, with the means of subsistence—the first-fruits of His gifts—about which Malachi, among the twelve prophets, spoke beforehand: “I have no pleasure in you, says the Omnipotent, and I will not accept sacrifice from your hands.”

EARLY CHRISTIAN WRITER **Irenaeus,** *Against Heresies: Book IV* (c. 175–202 AD)
THF's updated English

Source 14, page 8 **Read it in the library ›**

POINT 5 OF 8

John 6 linked the Eucharist with life

Our note · compiled by machine learning · From the text: says what the passages say

Tatian's Gospel harmony keeps Jesus' words that His body is true food. Cyprian uses John 6 to teach that those who share in the Eucharist are living, and he warns against being cut off from it.

9 “For my body truly is food, and my blood truly is drink.”

EARLY CHRISTIAN WRITER **Tatian,** *Diatessaron* 19 (c. 150–180 AD)
THF's updated English

Source 7, page 7 **Read it in the library ›**

10 “When, therefore, He says that whoever eats of His bread shall live forever, it is clear that those who partake of His body and receive the Eucharist by the right of communion are living.”

EARLY CHRISTIAN WRITER **Cyprian,** *Treatises* (c. 248–258 AD)
THF's updated English

Source 32, page 9 **Read it in the library ›**

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POINT 6 OF 8

It points to the resurrection of the body

Our note · compiled by machine learning · From the text: says what the passages say

Irenaeus argues that if the cup and bread are a communion of Christ's blood and body, then our flesh can receive life. He compares the body to a seed that is fed by the Eucharist and will rise again.

11 "If the flesh does not attain salvation, then the Lord did not redeem us with His blood, nor is the cup of the Eucharist a communion of His blood, nor the bread we break a communion of His body."

EARLY CHRISTIAN WRITER **Irenaeus,** *Against Heresies: Book V* (c. 175–202 AD) **Source 13, page 8** Read it in the library ›
THF's updated English

12 "so also our bodies, being nourished by it, and laid in the earth, and decomposing there, shall rise at their appointed time"

EARLY CHRISTIAN WRITER **Irenaeus,** *Against Heresies: Book V* (c. 175–202 AD) **Source 10, page 8** Read it in the library ›
THF's updated English

POINT 7 OF 8

One bread shows one church

Our note · compiled by machine learning · From the text: says what the passages say

The Didache prays that just as scattered grain became one loaf, the church may be gathered into one. Ignatius ties one Eucharist to one flesh of Christ, one cup and one altar.

13 "Just as this broken bread was scattered over the hills, and then was gathered together and became one, so let Your Church be gathered together from the ends of the earth into Your kingdom."

EARLY CHRISTIAN WRITER **Didache,** *Teaching of the Twelve Apostles* 9 (c. 50–120 AD) **Source 1, page 7** Read it in the library ›
THF's updated English

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14 “Take care, then, to have only one Eucharist. For there is one flesh of our Lord Jesus Christ, and one cup to show the unity of His blood; one altar; as there is one bishop, along with the presbytery and deacons, my fellow-servants: so that, whatever you do, you may do it according to the will of God.”

EARLY CHRISTIAN WRITER **Ignatius of Antioch,** *Epistle to the Philadelphians* (c. 98–117 AD) **Source 2, page 7** Read it in the library ›
THF's updated English

POINT 8 OF 8

Only the baptized faithful could receive it

Our note · compiled by machine learning · From the text: says what the passages say

The Didache limits the Eucharist to those baptized in the Lord's name. Justin adds that those who receive it must believe the church's teaching and live as Christ taught.

15 “But let no one eat or drink of your Thanksgiving, or Eucharist, except those who have been baptized into the name of the Lord.”

EARLY CHRISTIAN WRITER **Didache,** *Teaching of the Twelve Apostles* 9 (c. 50–120 AD) **Source 1, page 7** Read it in the library ›
THF's updated English

16 “This food is called among us [the Eucharist], and only those who believe that our teachings are true, have been washed with the washing for the remission of sins and renewal, and live as Christ instructed, are allowed to partake.”

EARLY CHRISTIAN WRITER **Justin Martyr,** *First Apology* (c. 130–165 AD) **Source 4, page 7** Read it in the library ›
THF's updated English

THE LIMITS

What these passages don’t tell us

- These passages affirm that the bread and cup are Christ's body and blood, but they do not explain exactly how this happens.
- They show the Scriptures early writers used most, not a complete list.
- A word-for-word match shows that a quotation really is in our text. It does not show that our reading of it is right, or who wrote each work.

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WHERE EVERY QUOTE CAME FROM

The Sources

The 41 early Christian passages and 210 Bible verses we kept for this question (repeats and weak or off-topic search hits were left out): early Christian passages first (sources 1–41, grouped by writer, earliest first), then Bible verses in The Faith Once Delivered Bible (sources 42–127, in Bible order), then 124 more verses THF links to these passages, by reference. **Quote 1, page 2** beside a source shows where the study quotes it. Passages are in THF's updated English unless marked "1885 English" (the Roberts–Donaldson translation, public domain). "… [continues online]" marks a passage the library gave only in part. **On paper?** At **thehistoricfaith.com**, Bible verses are in the **Audio Bible** and early Christian writings in the **Library** (search for the title).

EARLY CHRISTIAN WRITERS *41 passages from 13 writers*

Didache, *c. 50–120 AD · source 1*

1 *Teaching of the Twelve Apostles* 9 **Quotes 13, 15, pages 5, 6** "about the Thanksgiving, or Eucharist, give thanks in this way. First, about the cup: "We thank You, our Father, for the holy vine of David Your Servant, which You made… [continues online] **read ›**

Ignatius of Antioch, *c. 98–117 AD · sources 2–3*

2 *Epistle to the Philadelphians* (1885 English) **Quote 14, page 6** "ye heed, then, to have but one Eucharist… [continues online] **read ›**

3 *Epistle to the Smyrnaeans* **Quote 2, page 2** "abstain from the Eucharist and from prayer, because they do not acknowledge the Eucharist to be the flesh of our Savior Jesus Christ, who suffered for our sins, and whom… [continues online] **read ›**

Justin Martyr, *c. 130–165 AD · sources 4–6*

4 *First Apology* **Quotes 1, 3, 16, pages 2, 6** "food is called among us [the Eucharist], and only those who believe that our teachings are true, have been washed with the washing for the remission of sins and renewal… [continues online] **read ›**

5 *Dialogue with Trypho* **Quote 7, page 4** to be presented on behalf of those purified from leprosy, was a symbol of the bread of the Eucharist. This celebration, our Lord Jesus Christ established in remembrance of the… [continues online] **read ›**

6 *Dialogue with Trypho* (on point 4) "Christ commanded us to offer, specifically in the Eucharist of the bread and the cup, and which Christians present everywhere around the world, confirms that they are pleasing to Him… [continues online] **read ›**

Tatian, *c. 150–180 AD · sources 7–9*

7 *Diatessaron* 19 (1885 English) **Quote 9, page 4** "6:55 My body truly is meat, and 50 my blood truly is drink… [continues online] **read ›**

8 *Diatessaron* 19 (on point 5) heaven. If a man eats of this bread, he will live forever. And the bread that I will give is my body, which I give for the life of the… [continues online] **read ›**

9 *Diatessaron* 45 (1885 English; on point 2) "26:26b and he 13 gave to his disciples, and said to them, Take and eat… [continues online] **read ›**

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Irenaeus, *c. 175–202 AD · sources 10–14*

10 *Against Heresies: Book V* **Quote 12, page 5** "therefore, the mixed cup and the made bread receive the Word of God, and the Eucharist of the blood and body of Christ is formed, from which the substance of… [continues online] **read ›**

11 *Fragments from the Lost Writings of Irenæus* (1885 English; on point 4) "then, when we have perfected the oblation, we invoke the Holy Spirit, that He may exhibit this sacrifice, both the bread the body of Christ, and the cup the blood… [continues online] **read ›**

12 *Against Heresies: Book IV* (on point 6) Then, again, how can they say that the flesh, which is nourished with the body of the Lord and with His blood, goes to corruption and does not partake of… [continues online] **read ›**

13 *Against Heresies: Book V* **Quote 11, page 5** "does not attain salvation, then the Lord did not redeem us with His blood, nor is the cup of the Eucharist a communion of His blood, nor the bread we… [continues online] **read ›**

14 *Against Heresies: Book IV* (1885 English) **Quote 8, page 4** "Again, giving directions to His disciples to offer to God the first-fruits of His own, created things—not as if He stood in need of them, but that they… [continues online] **read ›**

Clement of Alexandria, *c. 190–215 AD · sources 15–17*

15 *Stromata* 1.1 (1885 English; on point 8) "that whosoever shall eat the bread and drink the cup of the Lord unworthily, shall be guilty of the body and blood of the Lord… [continues online] **read ›**

16 *Instructor* 1.6 (on point 5) "since He said, "And the bread that I will give is My flesh," and since flesh is moistened with blood, and blood is figuratively called wine, we are instructed to… [continues online] **read ›**

17 *Instructor* 1.5 (1885 English) "the vine produces wine, as the Word produces blood, and both drink for health to men — wine for the body, blood for the spirit… [continues online] **read ›**

Tertullian, *c. 196–220 AD · sources 18–21*

18 *Against Marcion* 19 (1885 English; on point 2) "that, for the time to come, you may understand that He has given to His body the figure of bread, whose body the prophet of old figuratively turned into bread… [continues online] **read ›**

19 *Against Marcion* 40 (on point 2) "was not His own. Then, after taking the bread and giving it to His disciples, He made it His own body by saying, "This is my body," that is, the… [continues online] **read ›**

20 *An Answer to the Jews* 10 (1885 English; on point 2) "so Christ has revealed, calling His body bread, whose body the prophet in bygone days announced under the term bread… [continues online] **read ›**

21 *On Prayer* 19 (1885 English) "the Lord's Body has been received and reserved each point is secured, both the participation of the sacrifice and the discharge of duty… [continues online] **read ›**

Early Liturgies, *c. 200–400 AD · sources 22–25*

22 *Divine Liturgy of St. Mark* 1 (1885 English; on point 3) "do in remembrance of me; for as often as you eat this bread and drink this cup, you do show forth my death and acknowledge my resurrection and ascension until… [continues online] **read ›**

23 *Divine Liturgy of St. James* 1 (1885 English) **Quote 5, page 3** "do in remembrance of me; for as often as you eat this bread, and drink this cup, you do show forth the Lord's death, and confess His resurrection, till… [continues online] **read ›**

24 *Divine Liturgy of St. James* 1 "union of the all-holy body and precious blood of our Lord and… [continues online] **read ›**

25 *Liturgy of Adaeus and Maris* 1 "receive the body of the Son, cries the Church, and drink His chalice with faith in the house of His kingdom… [continues online] **read ›**

Hippolytus, *c. 200–236 AD · source 26*

26 *Exegetical Fragments* 1 (1885 English; on point 3) "also refers to His honoured and undefiled body and blood, which day by day are administered and offered sacrificially at the spiritual divine table, as a memorial of that first… [continues online] **read ›**

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Origen, *c. 215–254 AD · sources 27–30*

27 *Commentary on John* 6 (on point 5) one group of people water, and to another wine, which makes glad the heart of man, and to others blood, since it is said in John 6:53, “Unless you… [continues online] **read ›**

28 *Commentary on Matthew* 11 so also what enters into the mouth does not sanctify the man, even though what is called the bread of the Lord may be thought by the simpler disciples to… [continues online] **read ›**

29 *Against Celsus* 33 (on point 1) “this bread becomes by prayer a sacred body, which sanctifies those who sincerely partake of it… [continues online] **read ›**

30 *Against Celsus* 57 “we have a symbol of gratitude to God in the bread… [continues online] **read ›**

Gregory Thaumaturgus, *c. 240–270 AD · source 31*

31 *Twelve Topics on the Faith* 1 (1885 English; on point 5) My flesh is meat indeed, and my blood is drink indeed… [continues online] **read ›**

Cyprian, *c. 248–258 AD · sources 32–38*

32 *Treatises* **Quote 10, page 4** forever, it is clear that those who partake of His body and receive the Eucharist by the right of communion are living. So, on the other hand, we must fear… [continues online] **read ›**

33 *Epistles* **Quote 4, page 3** “as often as you eat this bread and drink this cup… [continues online] **read ›**

34 *Epistles* (on point 2) passion, He blessed it and gave it to His disciples, saying, "Drink all of this; for this is my blood of the New Testament, which shall be shed for many… [continues online] **read ›**

35 *Epistles* “offered that very same thing which Melchizedek had offered, that is, bread and wine, namely, His body and blood. And with respect to Abraham, that blessing which came first belonged… [continues online] **read ›**

36 *Epistles* (on point 7) us, since He also bore our sins, we see that the water means the people, and the wine shows the blood of Christ. But when the water is mixed with… [continues online] **read ›**

37 *Epistles* **Quote 6, page 3** “Scripture says, "For as often as you eat this bread and drink this cup… [continues online] **read ›**

38 *Epistles* (on point 2) the morning, but after supper, that the Lord offered the mixed cup. Should we then celebrate the Lord's cup after supper, so that by constantly repeating the Lord's… [continues online] **read ›**

Apostolic Constitutions, *c. 250–380 AD · sources 39–41*

39 *Apostolic Constitutions* (on point 3) “as often as you eat this bread and drink… [continues online] **read ›**

40 *Apostolic Constitutions* (on point 7) Always be thankful, as faithful and honest servants. And concerning the Eucharistic thanksgiving, say this: “We thank You, our Father, for the life that You have made known to us… [continues online] **read ›**

41 *Apostolic Constitutions* (on point 4) “stand at the altar of the Lord your God, and offer to Him reasonable and unbloody sacrifices through Jesus the great High Priest… [continues online] **read ›**

THE BIBLE *86 verses, The Faith Once Delivered Bible (Old Testament from the Septuagint), in Bible order*

42 **Genesis 14:18** And Melchizedek king of Salem brought out bread and wine; he was the priest of God Most High. **read ›**

43 **Exodus 12:11** And this is how you shall eat it: with your belts tied around your waists, your sandals on your feet, and your staffs in your hands; and you shall eat it in haste. It is a Passover to the Lord. **read ›**

44 **Exodus 12:34** So the people took up their dough before it had risen, their lumps of dough bound up in their garments on their shoulders. **read ›**

45 **Exodus 16:16** “This is the bread that the Lord has given you to eat. This is the word that the Lord has commanded: ‘Gather of it, each one for those who belong to him, an omer for every head, according to the number of persons among you; each of you gather it together with those who share your tent.’” **read ›**

46 **Exodus 16:32** Then Moses said, “This is the word that the Lord has commanded: ‘Fill the omer with manna, to be kept for your generations, so that they may see the bread which you ate in the wilderness, when the Lord brought you out of the land of Egypt.’” **read ›**

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47 **Exodus 20:24** You shall make an altar of earth for me, and on it you shall sacrifice your whole burnt offerings and your peace offerings, your sheep and your calves, in every place where I cause my name to be named; and I will come to you and bless you. **read ›**

48 **Exodus 23:25** And you shall serve the Lord your God, and I will bless your bread and your wine and your water, and I will turn away sickness from you. **read ›**

49 **Exodus 25:30** And you shall set showbread on the table before me continually. **read ›**

50 **Exodus 29:40** with a tenth measure of fine flour mixed with a fourth of a hin of beaten oil, and for a drink offering a fourth of a hin of wine, for the one lamb. **read ›**

51 **Exodus 29:42** a continual sacrifice throughout your generations at the doors of the tabernacle of witness before the Lord, from where I will make myself known to you, so as to speak to you. **read ›**

52 **Exodus 30:28** the altar of whole burnt offerings and all its utensils, the table and all its utensils, and the washbasin. **read ›**

53 **Exodus 31:8** the altars, the table and all its utensils, **read ›**

54 **Exodus 35:13** the table and all its furnishings; **read ›**

55 **Exodus 39:10** Open the verse to read it. **read ›**

56 **Exodus 39:18** Open the verse to read it. **read ›**

57 **Exodus 39:36** and the table of showbread and all its furnishings, and the loaves set forth, (Septuagint Exodus 39:18 (Exodus 39:36 in most Bibles)) **read ›**

58 **Exodus 40:23** and he set the showbread on it before the Lord, as the Lord commanded Moses. **read ›**

59 **Leviticus 2:1** If a person brings a gift, a sacrifice to the Lord, his gift shall be fine flour; and he shall pour oil on it and put frankincense on it. It is a sacrifice. **read ›**

60 **Leviticus 2:9** The priest shall come near to the altar and take from the sacrifice its memorial, and the priest shall put it on the altar: a burnt offering, a pleasing aroma to the Lord. **read ›**

61 **Leviticus 3:11** the priest shall offer them up on the altar: a pleasing aroma, a burnt offering to the Lord. **read ›**

62 **Leviticus 4:10** just as it is taken away from the calf of the peace offering; and the priest shall offer it up on the altar of burnt offering. **read ›**

63 **Leviticus 6:7** And the priest shall make atonement for him before the Lord, and he shall be forgiven for any one of all the things that he did and in which he trespassed." (Septuagint Leviticus 5:26 (Leviticus 6:7 in most Bibles)) **read ›**

64 **Leviticus 6:19** Then the Lord spoke to Moses, saying, (Septuagint Leviticus 6:12 (Leviticus 6:19 in most Bibles)) **read ›**

65 **Leviticus 7:13** With loaves of bread made with yeast he shall offer his gifts, with the peace offering of praise. **read ›**

66 **Leviticus 8:25** And from the basket of consecration that was before the Lord he took one unleavened loaf, one loaf made with oil, and one wafer, and put them on the fat and the right shoulder. **read ›**

67 **Leviticus 21:22** He may eat the gifts of God, the most holy things, and of the holy things; **read ›**

68 **Leviticus 22:11** But if a priest acquires a person bought with money, he shall eat of his bread; and his servants born in his house, they also shall eat of his bread. **read ›**

69 **Leviticus 23:5** In the first month, on the fourteenth day of the month, between the evenings, is the Lord's Passover. **read ›**

70 **Leviticus 23:13** Its sacrifice shall be two tenths of fine flour mixed with oil, a sacrifice to the Lord, a pleasing aroma to the Lord; and its drink offering, the fourth part of a hin of wine. **read ›**

71 **Leviticus 23:17** From your dwelling you shall bring loaves as an offering laid on, two loaves; they shall be of two tenths of fine flour, baked with yeast, as first produce to the Lord. **read ›**

72 **Numbers 4:7** On the table that is set forth they shall spread a cloth wholly of purple, and put on it the dishes, the censers, the cups, and the bowls with which drink offerings are poured; and the continual loaves shall be on it. **read ›**

73 **Numbers 6:15** and a basket of unleavened loaves of fine flour mixed with oil, and unleavened wafers anointed with oil, and their sacrifice and their drink offering. **read ›**

74 **Numbers 6:20** and the priest shall offer them before the Lord as an offering laid on. It shall be holy for the priest, in addition to the breast of the offering laid on and the shoulder of the portion set apart. And after this the one who has vowed shall drink wine. **read ›**

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75 **Numbers 11:8** The people would go about and gather it, and grind it in the mill and pound it in the mortar, and boil it in the pot, and make it into cakes baked under ashes; and its sweetness was like the taste of a wafer made with oil. **read ›**

76 **Numbers 15:10** And he shall offer wine for a drink offering, half a hin, as a burnt offering, a pleasing aroma to the Lord. **read ›**

77 **Numbers 15:19** then it shall be, when you eat of the bread of the land, you shall set apart a portion set apart, a special portion for the Lord, the firstfruits of your dough. **read ›**

78 **Deuteronomy 8:10** And you shall eat and be filled, and you shall bless the Lord your God on the good land that he has given you. **read ›**

79 **Deuteronomy 32:14** butter of cattle and milk of sheep, with the fat of lambs and rams, of the young of bulls and of he-goats, with the fat of the kidneys of wheat; and he drank wine, the blood of the grape. **read ›**

80 **Joshua 5:11** And they ate of the grain of the land, unleavened bread and new grain. **read ›**

81 **1 Samuel 21:7** Now one of Saul's young men was there that day, detained, Neessaran, before the Lord; his name was Doeg the Syrian, who tended Saul's mules. (Septuagint 1 Kingdoms 21:8 (1 Samuel 21:7 in most Bibles)) **read ›**

82 **1 Kings 13:15** And he said to him, "Come with me and eat bread." **read ›**

83 **2 Kings 4:44** So they ate and had some left, according to the word of the Lord. **read ›**

84 **2 Chronicles 13:11** they burn whole burnt offerings to the Lord morning and evening, and compounded incense, and set out the loaves on the pure table, and there are the golden lampstand and its lamps for burning, to be lit in the evening; for we keep the charge of the Lord God of our fathers, but you have forsaken him. **read ›**

85 **2 Chronicles 35:6** Sacrifice the Passover, and prepare it for your brothers, to do according to the word of the Lord by the hand of Moses." **read ›**

86 **Proverbs 3:17** Her ways are good ways, and all her paths are in peace. **read ›**

87 **Proverbs 12:11** He who works his own land will be filled with bread, but those who pursue vain things lack understanding. He who takes pleasure in lingering over wine will leave dishonor in his own strongholds. **read ›**

88 **Proverbs 14:19** The evil will fall before the good, and the ungodly will wait at the doors of the righteous. **read ›**

89 **Ecclesiastes 6:5** Moreover it has not seen the sun and has not known rest; to this one rather than that one. **read ›**

90 **Jeremiah 50:21** says the Lord. Go up against her bitterly, and against those who dwell in her; take vengeance, O sword, and destroy, says the Lord, and do according to all that I command you. (Septuagint Jeremiah 27:21 (Jeremiah 50:21 in most Bibles)) **read ›**

91 **Daniel 4:17** The matter is by the decree of the ir, and the request is the word of the holy ones, so that the living may know that the Most High is Lord of the kingdom of men, and he will give it to whomever he pleases, and he will set up over it the despised of men.' **read ›**

92 **Daniel 9:5** we have done wrong, we have acted lawlessly, and we have departed and turned aside from your commandments and from your judgments, **read ›**

93 **Hosea 9:7** The days of vengeance have come, the days of your repayment have come; and Israel shall suffer harm like the prophet who is out of his mind, the man who is carried by a spirit; because of the multitude of your unrighteousness your madness has increased. **read ›**

94 **1 Esdras 1:17** and the things of the sacrifice of the Lord were completed on that day, to keep the Passover **read ›**

95 **1 Esdras 5:52** and after that, the continual offerings, and the sacrifices of the Sabbaths and of the new moons and of all the holy feasts. **read ›**

96 **1 Esdras 9:55** because they had been filled with understanding by the words in which they had been instructed, and they had been gathered together. **read ›**

97 **Wisdom of Solomon 19:16** but these, after receiving with festivities those who had already shared the same rights with them, mistreated them with terrible labors. **read ›**

98 **Wisdom of Sirach 32:6** Open the verse to read it. **read ›**

99 **Wisdom of Sirach 50:14** And when he completed the service at the altars, to adorn the offering of the Most High, the Almighty, **read ›**

100 **Wisdom of Sirach 50:15** he stretched out his hand to the cup and poured a drink offering of the blood of the grape; he poured it out at the foundations of the altar, a pleasing aroma to the Most High, the King of all. **read ›**

101 **Bel and the Dragon 1:15** Open the verse to read it. **read ›**

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102 **1 Maccabees 3:17** When they saw the army coming to meet them, they said to Judas, “How shall we, so few, be able to fight against so great and strong a multitude? And we are faint, having eaten nothing today.” **read ›**

103 **1 Maccabees 12:11** We therefore remember you at all times without ceasing, at the feasts and on the other appointed days, at the sacrifices that we offer and in our prayers, as it is right and fitting to remember brothers. **read ›**

104 **1 Maccabees 14:19** And these were read before the assembly in Jerusalem. **read ›**

105 **2 Maccabees 1:26** accept the sacrifice on behalf of all your people Israel, and preserve your portion and sanctify it. **read ›**

106 **2 Maccabees 6:5** The altar was filled with unlawful things that the laws forbade. **read ›**

107 **2 Maccabees 13:20** And Judas sent in what they needed to those inside. **read ›**

108 **3 Maccabees 6:31** Open the verse to read it. **read ›**

109 **Matthew 1:7** Solomon became the father of Rehoboam. Rehoboam became the father of Abijah. Abijah became the father of Asa. **read ›**

110 **Matthew 26:26** As they were eating, Jesus took bread, gave thanks for it, and broke it. He gave it to the disciples and said, “Take, eat; this is my body.” **read ›**

111 **Mark 2:12** He rose immediately, took up the mat, and went out in front of them all, so that they were all amazed and glorified God, saying, “We have never seen anything like this!” **read ›**

112 **Mark 14:22** As they were eating, Jesus took bread, and when he had blessed it, he broke it and gave it to them, and said, “Take, eat. This is my body.” **read ›**

113 **Mark 14:23** He took the cup, and when he had given thanks, he gave it to them. They all drank of it. **read ›**

114 **Luke 22:19** He took bread, and when he had given thanks, he broke and gave it to them, saying, “This is my body which is given for you. Do this in remembrance of me.” **read ›**

115 **John 6:53** Jesus therefore said to them, “Amen, amen, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you do not have life in yourselves. **read ›**

116 **John 6:54** He who eats my flesh and drinks my blood has eternal life, and I will raise him up at the last day. **read ›**

117 **John 6:55** For my flesh is food indeed, and my blood is drink indeed. **read ›**

118 **Acts 25:6** When he had stayed among them more than ten days, he went down to Caesarea, and on the next day he sat on the judgment seat, and commanded Paul to be brought. **read ›**

119 **1 Corinthians 10:16** The cup of blessing which we bless, is it not a sharing in the blood of Christ? The bread which we break, is it not a sharing in the body of Christ? **read ›**

120 **1 Corinthians 10:17** Because there is one loaf of bread, we, who are many, are one body; for we all partake of the one loaf of bread. **read ›**

121 **1 Corinthians 10:18** Consider Israel according to the flesh. Do those who eat the sacrifices not participate in the altar? **read ›**

122 **1 Corinthians 11:23** For I received from the Lord what I also delivered to you: that the Lord Jesus, on the night in which he was betrayed, took bread, **read ›**

123 **1 Corinthians 11:24** and when he had given thanks, he broke it and said, “Take, eat. This is my body, which is broken for you. Do this in remembrance of me.” **read ›**

124 **1 Corinthians 11:25** In the same way he also took the cup after supper, saying, “This cup is the new covenant in my blood. Do this, as often as you drink, in remembrance of me.” **read ›**

125 **1 Corinthians 11:26** For as often as you eat this bread and drink this cup, you proclaim the Lord’s death until he comes. **read ›**

126 **1 Corinthians 11:27** Therefore whoever eats this bread or drinks the Lord’s cup in a way unworthy of the Lord will be guilty of the body and the blood of the Lord. **read ›**

127 **Hebrews 13:10** We have an altar from which those who serve the holy tabernacle have no right to eat. **read ›**

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Partly machine-linked: related to the passages, not always quoted in them. Each reference links to the verse in our audio Bible.

Genesis 49:11

Leviticus 14:10

Joshua 3:5 · 3:7 · 5:10

Psalms 23:1 · 96:10

Isaiah 9:6 · 40:11 · 53:11 · 55:1 · 63:1

Ezekiel 34:13

Amos 2:6

Zechariah 9:9

Malachi 1:10

Matthew 1:1 · 1:18 · 2:9 · 5:45 · 7:6 · 11:27 · 12:31 · 15:11 · 15:13 · 15:14 · 15:17 · 18:12 · 19:18 · 22:29 · 22:35 · 23:4 · 23:6 · 23:19 · 23:25 · 23:30 · 24:22 · 25:35 · 26:24 · 26:29 · 26:36 · 26:39 · 26:40 · 26:41 · 26:46 · 26:51 · 26:63 · 27:3 · 27:45 · 27:48 · 27:50 · 27:59

Mark 2:8 · 13:14 · 14:25

Luke 1:35 · 7:43 · 10:22 · 12:50 · 16:9 · 20:36 · 22:15 · 22:20 · 24:39

John 1:14 · 1:18 · 2:19 · 4:1 · 5:8 · 6:32 · 6:33 · 6:51 · 6:56 · 8:42 · 10:17 · 11:52 · 14:2 · 14:16 · 15:1 · 16:11 · 19:17 · 20:27

Acts 2:3 · 8:20 · 10:36

Romans 6:23 · 7:14 · 8:36 · 11:16 · 11:32 · 14:23

1 Corinthians 2:6 · 2:15 · 8:8 · 9:9 · 12:4 · 15:8 · 15:36 · 15:53

2 Corinthians 2:17 · 3:7 · 3:16 · 4:4 · 12:3 · 12:9

Galatians 1:1

Ephesians 1:10 · 2:6 · 5:30

Philippians 3:19 · 4:17

Colossians 1:14

1 Thessalonians 2:5

2 Thessalonians 2:12

1 Timothy 2:2 · 4:5

2 Timothy 2:1

1 Peter 1:4 · 2:5 · 2:9

1 John 4:1 · 5:8

Revelation 3:21 · 13:11

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Searched: Ante-Nicene Fathers volumes 1–9 and the Bible, including the Septuagint.

ABOUT THIS STUDY

A THF member asked “How did early Christians understand the Eucharist, and which Scriptures did they use?” on September 6, 2026. The Historic Faith answered it as a public study on November 9, 2026.

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THE END OF THIS STUDY