THE QUESTION

Did the early Christians take communion every week?

Asked by a THF member on May 21, 2026 · published November 9, 2026 · 10 numbered quotations · the 23 early Christian passages and 164 Bible verses we kept are listed at the back, each with a link.

Read it online: thehistoricfaith.com/early-church-questions/did-the-early-christians-take-communion-every-week

The short answer *From the text: says what the passages say*

Yes. The early writers describe Christians gathering every Lord's Day, or Sunday, to break bread and give thanks, with everyone present receiving and portions sent to the absent. Some, such as Cyprian, speak of receiving the Eucharist daily. They also stress confessing sins and making peace before coming.

LIBRARY ONLY	This study was written only from The Historic Faith's library of early-Christian writings and the Bible, never from the web. Every passage we kept from what the library gave is listed at the back, with a link to read it.
HOW IT WAS MADE	Compiled by machine learning from The Historic Faith's library of early-Christian writings and the Bible only. Every quotation was matched word for word against our stored text. Not yet reviewed by The Historic Faith.
SHARING WITH AN AI?	Every quotation here comes from The Historic Faith's library. If you paste this study into an AI, anything it adds beyond these pages comes from that AI, not from us.

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POINT 1 OF 7

Every Lord's Day they broke bread

Our note · compiled by machine learning · From the text: says what the passages say

The Didache, a very early church manual, tells believers to gather on every Lord's Day to break bread and give thanks. The Apostolic Constitutions repeat the call to meet without fail on the day of the resurrection.

1 “But on every Lord's Day, gather together, break bread, and give thanks after you have confessed your sins, so that your sacrifice may be pure.”

EARLY CHRISTIAN WRITER **Didache,** *Teaching of the Twelve Apostles* 14 (c. 50–120 AD) **Source 2, page 6** Read it in the library ›
THF's updated English

2 “On the day of the Lord's resurrection, that is, the Lord's Day, gather together without fail.”

EARLY CHRISTIAN WRITER **Apostolic Constitutions** (c. 250–380 AD) **Source 23, page 7** Read it in the library ›
THF's updated English

POINT 2 OF 7

The Sunday service ended in communion

Our note · compiled by machine learning · From the text: says what the passages say

Justin describes a normal Sunday: Scripture is read, the leader preaches, all pray, and bread, wine and water are brought and blessed. Everyone present shares in it, and deacons carry portions to those who are absent.

3 “On the day called Sunday, everyone who lives in cities or in the country gathers together in one place.”

later in the same passage

“There is a distribution to each person, and everyone participates in what has been blessed, and for those who are absent, a portion is sent by the deacons.”

EARLY CHRISTIAN WRITER **Justin Martyr,** *First Apology* (c. 130–165 AD) **Source 5, page 6** Read it in the library ›
THF's updated English

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POINT 3 OF 7

Missing the assembly was treated seriously

Our note · compiled by machine learning · From the text: says what the passages say

The Apostolic Constitutions warn believers not to stay away from church, since doing so leaves Christ's body without one of its members. They add that on the Lord's Day believers should meet even more diligently.

4

> “Do not deprive your Savior of His own members. Do not divide His body or scatter His members. Do not prefer the affairs of this life to the word of God.”
>
> *later in the same passage*
>
> “And on the day of our Lord’s resurrection, which is the Lord’s Day, meet even more diligently.”

EARLY CHRISTIAN WRITER **Apostolic Constitutions** **Source 22, page 7** **Read it in the library ›**
(c. 250–380 AD)
THF's updated English

POINT 4 OF 7

Some churches received the Eucharist daily

Our note · compiled by machine learning · From the text: says what the passages say

Cyprian reads the prayer for daily bread as a prayer about the Eucharist, which he says believers receive daily. He fears anything that would keep them from it.

5

> “And we ask that this bread should be given to us daily, so that we who are in Christ, and who receive the Eucharist daily as the food of salvation, may not, because of the interruption caused by some grave sin, be prevented—being kept back and not communicating—from sharing in the heavenly bread, and so be separated from Christ’s body, as He Himself foretells and warns: “I am the bread of life which came down from heaven. If any man eats of my bread, he shall live forever; and the bread which I will give is my flesh, for the life of the world.””

EARLY CHRISTIAN WRITER **Cyprian,** ***Treatises*** **Source 17, page 7** **Read it in the library ›**
(c. 248–258 AD)
THF's updated English

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POINT 5 OF 7

Communion came at early morning gatherings

Our note · compiled by machine learning · From the text: says what the passages say

Tertullian lists church customs handed down by tradition. One is that believers receive the Eucharist in their gatherings before daybreak, from the hand of the one presiding.

6 “We also receive the sacrament of the Eucharist in congregational meetings before daybreak, and from the hand of no one except the presidents.”

EARLY CHRISTIAN WRITER **Tertullian,** *De Corona* 3 (c. 196–220 AD) **Source 10, page 6** **Read it in the library ›**
THF's updated English

POINT 6 OF 7

Each time, they showed the Lord's death

Our note · compiled by machine learning · From the text: says what the passages say

An early liturgy repeats Paul's words that each time believers eat this bread and drink this cup, they show the Lord's death. Cyprian says that as often as we drink, we are to do what the Lord did, in His memory.

7 “For as often as you eat this bread and drink this cup, you show the Lord's death and confess His resurrection, until He comes.”

EARLY CHRISTIAN WRITER **Early Liturgies,** *Divine Liturgy of St. James* 1 (c. 200–400 AD) **Source 13, page 6** **Read it in the library ›**
THF's updated English

8 “But if this is both commanded by the Lord, and the same thing is confirmed and handed down by His apostle, that as often as we drink, we do in remembrance of the Lord the same thing that the Lord also did, then we find that what was commanded is not observed by us unless we also do what the Lord did.”

EARLY CHRISTIAN WRITER **Cyprian,** *Epistles* (c. 248–258 AD) **Source 16, page 7** **Read it in the library ›**
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POINT 7 OF 7

Coming often meant coming prepared

Our note · compiled by machine learning · From the text: says what the passages say

The Didache tells anyone at odds with a fellow believer to wait until they are reconciled. Justin says only baptized believers who live as Christ taught may share in it.

9 “But let no one who is in conflict with a fellow believer come together with you until they are reconciled, so that your sacrifice may not be defiled.”

EARLY CHRISTIAN WRITER **Didache,** *Teaching of the Twelve Apostles* 14 (c. 50–120 AD) **Source 2, page 6** **Read it in the library ›**
THF's updated English

10 “This food is called among us [the Eucharist], and only those who believe that our teachings are true, have been washed with the washing for the remission of sins and renewal, and live as Christ instructed, are allowed to partake.”

EARLY CHRISTIAN WRITER **Justin Martyr,** *First Apology* (c. 130–165 AD) **Source 7, page 6** **Read it in the library ›**
THF's updated English

THE LIMITS

What these passages don’t tell us

- These passages do not show that every church kept exactly the same schedule.
- They do not set a fixed number of times each believer must receive.
- A word-for-word match shows that a quotation really is in our text. It does not show that our reading of it is right, or who wrote each work.

WHERE EVERY QUOTE CAME FROM

The Sources

The 23 early Christian passages and 164 Bible verses we kept for this question (repeats and weak or off-topic search hits were left out): early Christian passages first (sources 1–23, grouped by writer, earliest first), then Bible verses in The Faith Once Delivered Bible (sources 24–119, in Bible order), then 68 more verses THF links to these passages, by reference. **Quote 1, page 2** beside a source shows where the study quotes it. Passages are in THF’s updated English unless marked “1885 English” (the Roberts–Donaldson translation, public domain). “… [continues online]” marks a passage the library gave only in part. **On paper?** At **thehistoricfaith.com**,

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Bible verses are in the **Audio Bible** and early Christian writings in the **Library** (search for the title).

EARLY CHRISTIAN WRITERS *23 passages from 9 writers*

Didache, *c. 50–120 AD · sources 1–2*

1 *Teaching of the Twelve Apostles* 9 “about the Thanksgiving, or Eucharist, give thanks in this way. First, about the cup: "We thank You, our Father, for the holy vine of David Your Servant, which You made… [continues online] **read ›**

2 *Teaching of the Twelve Apostles* 14 (1885 English) **Quotes 1, 9, pages 2, 5** “every Lord's day gather yourselves together, and break bread, and give thanksgiving after having confessed your transgressions, that your sacrifice may be pure… [continues online] **read ›**

Ignatius of Antioch, *c. 98–117 AD · sources 3–4*

3 *Epistle to the Philadelphians* (1885 English) “loaf also is broken to all [the communicants], and one cup is distributed among them all: there is but one altar for the whole Church, and one bishop, with the… [continues online] **read ›**

4 *Epistle to the Philadelphians* (1885 English) “ye heed, then, to have but one Eucharist… [continues online] **read ›**

Justin Martyr, *c. 130–165 AD · sources 5–8*

5 *First Apology* **Quote 3, page 2** with, we bless the Maker of all through His Son Jesus Christ and through the Holy Ghost. On the day called Sunday, everyone who lives in cities or in the… [continues online] **read ›**

6 *Dialogue with Trypho* (on point 6) was required to be presented on behalf of those purified from leprosy, was a symbol of the bread of the Eucharist. This celebration, our Lord Jesus Christ established in remembrance… [continues online] **read ›**

7 *First Apology* **Quote 10, page 5** food is called among us [the Eucharist], and only those who believe that our teachings are true, have been washed with the washing for the remission of sins and renewal… [continues online] **read ›**

8 *First Apology* (1885 English; on point 2) “he taking them, gives praise and glory to the Father of the universe, through the name of the Son and of the Holy Ghost, and offers thanks at considerable length… [continues online] **read ›**

Clement of Alexandria, *c. 190–215 AD · source 9*

9 *Stromata* 1.1 (1885 English; on point 7) “that whosoever shall eat the bread and drink the cup of the Lord unworthily, shall be guilty of the body and blood of the Lord… [continues online] **read ›**

Tertullian, *c. 196–220 AD · sources 10–11*

10 *De Corona* 3 (1885 English) **Quote 6, page 4** “take also, in congregations before daybreak, and from the hand of none but the presidents, the sacrament of the Eucharist, which the Lord both commanded to be eaten at meal… [continues online] **read ›**

11 *On Prayer* 6 (on point 4) then even these shall be added," Matthew 6:33. Although we may rather understand, "Give us this day our daily bread," spiritually. For Christ is our Bread, because Christ is… [continues online] **read ›**

Early Liturgies, *c. 200–400 AD · sources 12–13*

12 *Divine Liturgy of St. Mark* 1 (1885 English; on point 6) “do in remembrance of me; for as often as you eat this bread and drink this cup, you do show forth my death and acknowledge my resurrection and ascension until… [continues online] **read ›**

13 *Divine Liturgy of St. James* 1 (1885 English) **Quote 7, page 4** “do in remembrance of me; for as often as you eat this bread, and drink this cup, you do show forth the Lord's death, and confess His resurrection, till… [continues online] **read ›**

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Origen, *c. 215–254 AD · sources 14–15*

14 *Commentary on Matthew* 11 (on point 7) so also what enters into the mouth does not sanctify the man, even though what is called the bread of the Lord may be thought by the simpler disciples to… [continues online] **read ›**

15 *Against Celsus* 33 "we give thanks to the Creator of all, and, along with thanksgiving and prayer for the blessings we have received, we also eat the bread presented to us… [continues online] **read ›**

Cyprian, *c. 248–258 AD · sources 16–18*

16 *Epistles* **Quote 8, page 4** "which shall be given for you. Do this in remembrance of me.' In the same way also, He took the cup after supper, saying, 'This cup is the new testament… [continues online] **read ›**

17 *Treatises* **Quote 5, page 3** "As the prayer goes on, we ask and say, "Give us this day our daily bread." This can be understood both spiritually and literally, because either understanding is full of… [continues online] **read ›**

18 *Epistles* (on point 5) "in the morning only water is clearly offered, yet when we come to supper we offer the mixed cup? But when we eat supper, we cannot call the people together… [continues online] **read ›**

Apostolic Constitutions, *c. 250–380 AD · sources 19–23*

19 *Apostolic Constitutions* (on point 6) my body, which is broken for many, for the remission of sins." In the same way, He also took the cup, mixed it with wine and water, sanctified it, and… [continues online] **read ›**

20 *Apostolic Constitutions* (on point 1) "But from the evening of the fifth day until cock-crowing, break your fast at daybreak on the first day of the week, which is the Lord's Day. From… [continues online] **read ›**

21 *Apostolic Constitutions* Always be thankful, as faithful and honest servants. And concerning the Eucharistic thanksgiving, say this: "We thank You, our Father, for the life that You have made known to us… [continues online] **read ›**

22 *Apostolic Constitutions* **Quote 4, page 3** "on the day of our Lord's resurrection, which is the Lord… [continues online] **read ›**

23 *Apostolic Constitutions* (1885 English) **Quote 2, page 2** "On the day of the resurrection of the Lord, that is, the Lord's day, assemble yourselves together, without fail, giving thanks to God, and praising Him for those mercies… [continues online] **read ›**

THE BIBLE *96 verses, The Faith Once Delivered Bible (Old Testament from the Septuagint), in Bible order*

24 **Genesis 14:18** And Melchizedek king of Salem brought out bread and wine; he was the priest of God Most High. **read ›**

25 **Exodus 12:15** Seven days you shall eat unleavened bread, and from the first day you shall remove yeast from your houses. Whoever eats yeast, that person shall be utterly destroyed from Israel, from the first day until the seventh day. **read ›**

26 **Exodus 12:16** The first day shall be called holy, and the seventh day shall be a holy convocation for you. You shall do no regular work on them, except what is to be done for every person; that alone may be done by you. **read ›**

27 **Exodus 12:18** beginning on the fourteenth day of the first month: from evening you shall eat unleavened bread until the twenty-first day of the month, until evening. **read ›**

28 **Exodus 13:4** For today you are going out, in the month of new grain. **read ›**

29 **Exodus 13:6** Six days you shall eat unleavened bread, and on the seventh day is a feast of the Lord. **read ›**

30 **Exodus 16:16** "This is the bread that the Lord has given you to eat. This is the word that the Lord has commanded: 'Gather of it, each one for those who belong to him, an omer for every head, according to the number of persons among you; each of you gather it together with those who share your tent.'" **read ›**

31 **Exodus 16:29** See, the Lord has given you this day as the Sabbath; for this reason he gave you bread for two days on the sixth day. Each of you shall stay in your houses; let no one go out of his place on the seventh day." **read ›**

32 **Exodus 23:25** And you shall serve the Lord your God, and I will bless your bread and your wine and your water, and I will turn away sickness from you. **read ›**

33 **Exodus 29:23** and one loaf made with oil, and one wafer from the basket of the unleavened bread set before the Lord. **read ›**

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34 **Exodus 29:37** For seven days you shall cleanse the altar and sanctify it, and the altar shall be most holy. Whoever touches the altar shall be sanctified. **read ›**

35 **Leviticus 2:4** If he brings as a gift a sacrifice baked in an oven, a gift of fine flour to the Lord, it shall be unleavened loaves kneaded with oil and unleavened wafers anointed with oil. **read ›**

36 **Leviticus 2:5** If your gift is a sacrifice from the griddle, it shall be fine flour kneaded with oil; it is unleavened. **read ›**

37 **Leviticus 2:7** If your gift is a sacrifice from the hearth, it shall be made of fine flour with oil. **read ›**

38 **Leviticus 6:19** Then the Lord spoke to Moses, saying, (Septuagint Leviticus 6:12 (Leviticus 6:19 in most Bibles)) **read ›**

39 **Leviticus 7:13** With loaves of bread made with yeast he shall offer his gifts, with the peace offering of praise. **read ›**

40 **Leviticus 8:25** And from the basket of consecration that was before the Lord he took one unleavened loaf, one loaf made with oil, and one wafer, and put them on the fat and the right shoulder. **read ›**

41 **Leviticus 14:24** The priest shall take the lamb of the guilt offering and the cup of oil and lay them before the Lord as an offering laid on. **read ›**

42 **Leviticus 16:31** It shall be to you a Sabbath of Sabbaths, a rest, and you shall humble your souls; it is a perpetual ordinance. **read ›**

43 **Leviticus 21:22** He may eat the gifts of God, the most holy things, and of the holy things; **read ›**

44 **Leviticus 23:5** In the first month, on the fourteenth day of the month, between the evenings, is the Lord's Passover. **read ›**

45 **Leviticus 23:6** And on the fifteenth day of this month is the Feast of Unleavened Bread to the Lord; seven days you shall eat unleavened bread. **read ›**

46 **Leviticus 23:7** The first day shall be a holy convocation for you; you shall do no regular work. **read ›**

47 **Leviticus 23:13** Its sacrifice shall be two tenths of fine flour mixed with oil, a sacrifice to the Lord, a pleasing aroma to the Lord; and its drink offering, the fourth part of a hin of wine. **read ›**

48 **Leviticus 23:16** until the day after the last week you shall count fifty days, and you shall offer a new sacrifice to the Lord. **read ›**

49 **Leviticus 23:17** From your dwelling you shall bring loaves as an offering laid on, two loaves; they shall be of two tenths of fine flour, baked with yeast, as first produce to the Lord. **read ›**

50 **Leviticus 23:35** The first day shall be a holy convocation; you shall do no regular work. **read ›**

51 **Leviticus 23:36** For seven days you shall offer whole burnt offerings to the Lord, and the eighth day shall be a holy convocation for you, and you shall offer whole burnt offerings to the Lord. It is the closing festival; you shall do no regular work. **read ›**

52 **Leviticus 23:39** And on the fifteenth day of this seventh month, when you have finished gathering the produce of the land, you shall keep a feast to the Lord for seven days. On the first day there shall be a rest, and on the eighth day a rest. **read ›**

53 **Numbers 6:15** and a basket of unleavened loaves of fine flour mixed with oil, and unleavened wafers anointed with oil, and their sacrifice and their drink offering. **read ›**

54 **Numbers 6:17** And he shall offer the ram as a peace offering to the Lord, with the basket of unleavened bread; and the priest shall offer its sacrifice and its drink offering. **read ›**

55 **Numbers 6:20** and the priest shall offer them before the Lord as an offering laid on. It shall be holy for the priest, in addition to the breast of the offering laid on and the shoulder of the portion set apart. And after this the one who has vowed shall drink wine. **read ›**

56 **Numbers 9:11** in the second month, on the fourteenth day; toward evening they shall keep it; with unleavened bread and bitter herbs they shall eat it. **read ›**

57 **Numbers 15:4** then he who offers his gift to the Lord shall bring a sacrifice of fine flour, a tenth of an ephah mixed with a fourth of a hin of oil. **read ›**

58 **Numbers 15:19** then it shall be, when you eat of the bread of the land, you shall set apart a portion set apart, a special portion for the Lord, the firstfruits of your dough. **read ›**

59 **Numbers 28:17** On the fifteenth day of this month is a feast; for seven days you shall eat unleavened bread. **read ›**

60 **Numbers 28:18** The first day shall be a holy convocation for you; you shall do no regular work. **read ›**

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61 **Numbers 28:26** On the day of the new grain, when you bring a new sacrifice to the Lord at the Feast of Weeks, it shall be a holy convocation for you; you shall do no regular work. **read ›**

62 **Deuteronomy 8:10** And you shall eat and be filled, and you shall bless the Lord your God on the good land that he has given you. **read ›**

63 **Deuteronomy 16:8** For six days you shall eat unleavened bread, and on the seventh day there shall be a closing festival, a feast to the Lord your God. You shall do no work on it, except what must be done to sustain life. **read ›**

64 **Joshua 5:11** And they ate of the grain of the land, unleavened bread and new grain. **read ›**

65 **Judges 19:5** On the fourth day they rose early in the morning, and he got up to go. But the young woman's father said to his son-in-law, "Strengthen your heart with a piece of bread, and after that you may go." **read ›**

66 **2 Kings 4:44** So they ate and had some left, according to the word of the Lord. **read ›**

67 **1 Chronicles 9:25** Their brothers in their courts came in every seven days, from time to time, with these; **read ›**

68 **1 Chronicles 23:30** and to stand in the morning to praise and give thanks to the Lord, and so in the evening; **read ›**

69 **2 Chronicles 8:13** as the duty of each day required, offering according to the commandments of Moses on the Sabbaths, at the new moons, and at the feasts, three times in the year: at the Feast of Unleavened Bread, at the Feast of Weeks, and at the Feast of Tabernacles. **read ›**

70 **2 Chronicles 13:11** they burn whole burnt offerings to the Lord morning and evening, and compounded incense, and set out the loaves on the pure table, and there are the golden lampstand and its lamps for burning, to be lit in the evening; for we keep the charge of the Lord God of our fathers, but you have forsaken him. **read ›**

71 **2 Chronicles 30:23** And the assembly took counsel together to keep another seven days; and they kept seven days with gladness. **read ›**

72 **Proverbs 12:11** He who works his own land will be filled with bread, but those who pursue vain things lack understanding. He who takes pleasure in lingering over wine will leave dishonor in his own strongholds. **read ›**

73 **Isaiah 14:3** And it shall come to pass in that day that the Lord will give you rest from your anguish and your anger, and from your hard slavery, in which you served them. **read ›**

74 **Isaiah 14:7** All the earth cries out with gladness, **read ›**

75 **Jeremiah 22:5** But if you do not do these words, I have sworn by myself, says the Lord, that this house will become a desolation. **read ›**

76 **Jeremiah 23:1** Woe to the shepherds who destroy and scatter the sheep of their pasture! **read ›**

77 **Jeremiah 37:1** Zedekiah the son of Josiah reigned in place of Jehoiakim, whom Nebuchadnezzar made king to reign over Judah. (Septuagint Jeremiah 44:1 (Jeremiah 37:1 in most Bibles)) **read ›**

78 **Jeremiah 47:1** Against the Philistines. Thus says the Lord: (Septuagint Jeremiah 29:1 (Jeremiah 47:1 in most Bibles)) **read ›**

79 **Daniel 9:5** we have done wrong, we have acted lawlessly, and we have departed and turned aside from your commandments and from your judgments, **read ›**

80 **1 Esdras 5:52** and after that, the continual offerings, and the sacrifices of the Sabbaths and of the new moons and of all the holy feasts. **read ›**

81 **1 Esdras 5:60** and the Levites, the sons of Asaph, with cymbals, singing hymns to the Lord and blessing him according to David king of Israel. **read ›**

82 **1 Esdras 6:30** and likewise wheat and salt and wine and oil, continually, year by year, without dispute, as the priests in Jerusalem shall direct to be spent each day, **read ›**

83 **1 Esdras 9:50** "This day is holy to the Lord"—for they all wept when they heard the law— **read ›**

84 **Wisdom of Sirach 15:3** She will feed him with the bread of understanding, and give him the water of wisdom to drink. **read ›**

85 **Wisdom of Sirach 17:28** From the dead, as from one who does not exist, thanksgiving perishes; the one who is alive and well will praise the Lord. **read ›**

86 **Wisdom of Sirach 45:14** His sacrifices shall be wholly burnt every day, twice, continually. **read ›**

87 **Wisdom of Sirach 50:15** he stretched out his hand to the cup and poured a drink offering of the blood of the grape; he poured it out at the foundations of the altar, a pleasing aroma to the Most High, the King of all. **read ›**

88 **1 Maccabees 12:11** We therefore remember you at all times without ceasing, at the feasts and on the other appointed days, at the sacrifices that we offer and in our prayers, as it is right and fitting to remember brothers. **read ›**

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89 **2 Maccabees 1:30** Then the priests sang the hymns. **read ›**

90 **2 Maccabees 8:27** When they had collected the enemy's weapons and stripped them of their spoils, they turned to the Sabbath, blessing and giving great thanks to the Lord, who had preserved them to that day and had appointed it as the beginning of mercy for them. **read ›**

91 **2 Maccabees 8:29** When they had done this, they made a common plea and begged the merciful Lord to be fully reconciled with his slaves. **read ›**

92 **3 Maccabees 6:31** Open the verse to read it. **read ›**

93 **4 Maccabees 14:3** Open the verse to read it. **read ›**

94 **4 Maccabees 14:7** Open the verse to read it. **read ›**

95 **1 Enoch 69:24** Open the verse to read it. **read ›**

96 **1 Enoch 79:3** Open the verse to read it. **read ›**

97 **Matthew 1:7** Solomon became the father of Rehoboam. Rehoboam became the father of Abijah. Abijah became the father of Asa. **read ›**

98 **Matthew 26:26** As they were eating, Jesus took bread, gave thanks for it, and broke it. He gave it to the disciples and said, "Take, eat; this is my body." **read ›**

99 **Matthew 26:27** He took the cup, gave thanks, and gave it to them, saying, "All of you drink it, **read ›**

100 **Mark 14:22** As they were eating, Jesus took bread, and when he had blessed it, he broke it and gave it to them, and said, "Take, eat. This is my body." **read ›**

101 **Mark 14:23** He took the cup, and when he had given thanks, he gave it to them. They all drank of it. **read ›**

102 **Luke 6:1** On the second-first Sabbath, he was going through the grainfields. His disciples plucked the heads of grain and ate them, rubbing them in their hands. **read ›**

103 **Luke 22:17** He received a cup, and when he had given thanks, he said, "Take this and share it among yourselves, **read ›**

104 **Luke 22:19** He took bread, and when he had given thanks, he broke and gave it to them, saying, "This is my body which is given for you. Do this in remembrance of me." **read ›**

105 **John 6:54** He who eats my flesh and drinks my blood has eternal life, and I will raise him up at the last day. **read ›**

106 **Acts 2:42** They continued steadfastly in the apostles' teaching and fellowship, in the breaking of bread, and in prayers. **read ›**

107 **Acts 2:46** Day by day they continued steadfastly with one accord in the temple, breaking bread at home and sharing food with gladness and simplicity of heart, **read ›**

108 **Acts 20:7** On the first day of the week, when the disciples were gathered together to break bread, Paul talked with them, intending to depart on the next day, and continued his speech until midnight. **read ›**

109 **Acts 20:11** When he had gone up, had broken bread and eaten, and had talked with them a long while, even until break of day, he departed. **read ›**

110 **1 Corinthians 1:17** For Christ did not send me to baptize, but to preach the gospel, not with wisdom of speech, so that the cross of Christ would not be emptied of its power. **read ›**

111 **1 Corinthians 10:16** The cup of blessing which we bless, is it not a sharing in the blood of Christ? The bread which we break, is it not a sharing in the body of Christ? **read ›**

112 **1 Corinthians 10:17** Because there is one loaf of bread, we, who are many, are one body; for we all partake of the one loaf of bread. **read ›**

113 **1 Corinthians 11:20** Therefore, when you come together in one place, it is not the Lord's supper that you eat. **read ›**

114 **1 Corinthians 11:23** For I received from the Lord what I also delivered to you: that the Lord Jesus, on the night in which he was betrayed, took bread, **read ›**

115 **1 Corinthians 11:24** and when he had given thanks, he broke it and said, "Take, eat. This is my body, which is broken for you. Do this in remembrance of me." **read ›**

116 **1 Corinthians 11:25** In the same way he also took the cup after supper, saying, "This cup is the new covenant in my blood. Do this, as often as you drink, in remembrance of me." **read ›**

117 **1 Corinthians 11:26** For as often as you eat this bread and drink this cup, you proclaim the Lord's death until he comes. **read ›**

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118 **1 Corinthians 11:27** Therefore whoever eats this bread or drinks the Lord’s cup in a way unworthy of the Lord will be guilty of the body and the blood of the Lord. **read ›**

119 **1 Corinthians 11:29** For the one who eats and drinks unworthily eats and drinks judgment on himself, not discerning the Lord’s body. **read ›**

ALSO LINKED BY THF TO THESE PASSAGES *68 verses, by reference*

Partly machine-linked: related to the passages, not always quoted in them. Each reference links to the verse in our audio Bible.

Leviticus 14:10

Psalms 23:1

Isaiah 40:11 · 55:1

Ezekiel 34:13

Malachi 1:10

Matthew 6:32 · 6:33 · 6:34 · 7:6 · 7:9 · 12:30 · 15:11 · 15:13 · 15:14 · 15:17 · 15:26 · 19:18 · 22:29 · 22:35 · 23:4 · 23:6 · 23:19 · 23:25 · 23:30 · 24:22 · 25:35 · 26:29 · 26:36 · 26:40 · 26:46 · 26:51 · 26:63 · 27:24 · 27:45 · 27:48 · 27:50 · 27:59

Mark 7:27 · 13:14 · 14:25

Luke 11:5 · 11:11 · 12:16 · 12:29 · 20:36

John 1:14 · 6:33 · 6:35 · 6:51 · 15:1 · 16:11 · 19:15 · 19:37 · 20:25

Romans 7:14 · 14:23

1 Corinthians 2:6 · 8:8

2 Corinthians 3:7 · 3:16 · 4:4

Philippians 3:19

1 Thessalonians 2:5

2 Thessalonians 2:12

1 Timothy 2:2 · 4:5

1 Peter 2:9

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Searched: Ante-Nicene Fathers volumes 1–9 and the Bible, including the Septuagint.

ABOUT THIS STUDY

A THF member asked “Did the early Christians take communion every week?” on May 21, 2026. The Historic Faith answered it as a public study on November 9, 2026.

Library only. This study was written only from The Historic Faith’s library of early-Christian writings and the Bible, never from the web. Every passage we kept from what the library gave is listed above, with a link to read it.

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THE END OF THIS STUDY